Introduction to Psychology 2 – PSYC 102
University Studies Program

Course Outline

COURSE IMPLEMENTATION DATE:	**Pre 1998**
OUTLINE EFFECTIVE DATE:	**January 2023**
COURSE OUTLINE REVIEW DATE:	**September 2028**

GENERAL COURSE DESCRIPTION:

This course is a continuation of PSYC 101. Topics may include development across the lifespan, intelligence, motivation, emotion, stress and health, personality, psychological disorders, therapy, and social behavior.

Program Information: This course can be used as either a required course or an elective in several University Studies Programs. Refer to the online College Program Guide for additional information.

Delivery: This course is delivered in face-to-face and online formats.

COTR Credits: 3

Hours for this course: 45 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	45
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
Total	45

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	N/A

Course Outline Author or Contact:

Jan White, Ph. D.

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Signature

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APPROVAL SIGNATURES:

Department Head
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Darrell Bethune
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Department Head Signature

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Dean Signature

EDCO

Valid from: January 2023- September 2028

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Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: Minimum 65% in either English Studies 12, English First Peoples 12, ENGL 090, or equivalent (refer to Course Equivalency information on the College Website). PSYC 101 is recommended.

Corequisites: None

Flexible Assessment (FA):

Credit can be awarded for this course through (FA)   ☑ Yes   ☐ No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit http://www.cotr.bc.ca/Transfer

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: N/A

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Cummings, J.A. & Sanders, L. (2019). *Introduction to Psychology*. Saskatoon, SK: University of Saskatchewan Open Press. https://openpress.usask.ca/introductiontopsychology CC BY-NC-SA

Please see the instructor's syllabus or check COTR's online text calculator http://go.cotr.bc.ca/tuition/tCalc.asp for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- discuss knowledgeably the major theories and topics in psychology;
- think critically about psychological research methods and findings;
- apply psychological principles to individual and/or social problems;
- demonstrate an awareness and appreciation of other perspectives;
- discuss the complexity of human behavior;
- use the internet as a resource for finding information and answering questions;
- use written and oral communication skills effectively, employing methods appropriate to message and context;
- think clearly, fusing experience, knowledge, and reasoning into considered judgment; and
- identify, interpret, and solve problems, effectively implementing and evaluating proposed strategies.

COURSE TOPICS:

- Development across the lifespan
- Intelligence
- Motivation
- Emotion
- Stress and Health
- Personality
- Psychological Disorders
- Therapy
- Social Behaviour

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT (Face to Face Delivery):

Assignments	% Of Total Grade
Assignments	30%
Class Participation	10%
Midterm, Quizzes	40%
Final Exam	20%
Total	100%

EVALUATION AND ASSESSMENT (Online Delivery):

Assignments	% Of Total Grade
Assignments	25%
Discussion Postings	15%
Midterm, Quizzes	40%
Final Exam	20%
Total	100%

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	C-	D	F
Mark (Percent)	≥ 90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	< 50

A grade of "D" grants credit, but may not be sufficient as a prerequisite for sequential courses.

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment, and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.